**Name:**  **Institution:**

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| A picture containing text, sign  Description automatically generatedTo earn up to three hours CPD points approved by the* read through the paper and answer some of the questions below (one CPD hour)
* join in the Journal Club meeting (one CPD hour)
* following the meeting, write up your reflections on what you have learnt (one CPD hour)
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| **Journal article:**  |
| **Questions to ask of the research paper** [*prior to the Journal Club*] |
| 1 | **TYPE OF RESEARCH**What type of research does the author report?  |  |
| 2 | **AUTHORS**Who are the authors, what is useful to know about them? |  |
| 3 | **RESEARCH AIMS** What is this research trying to discover? |  |
| 3 | **RESEARCH QUESTION**In your own words, what is the main question this research is asking? |  |
| 4 | **RESEARCH DESIGN**How would you explain the way the researcher has designed this study? |  |
| 5 | **RESEARCH METHOD**What method of collecting the data has the researcher used? |  |
| 6 | **RESEARCH FINDINGS**How would you summarise the main findings of this research? |  |
| 7 | **RESEARCH ANALYSIS**How well does the evidence support the findings? |  |
| 8 | **CONCLUSION**What conclusion(s) does the researcher draw from the research? |  |
| 10 | **THE VALUE OF THE RESEARCH**How does this research relate to what we already know about the subject? What does it add to what we know and what does it fail to address? |  |

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| **Your reflections** [*after the Journal Club*] *approx. 50-100 words per question* |
| 1 | How would you sum up the substance of this research article? |
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| 2 | How would you describe the strengths and weaknesses of this research article? |
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| 3 | What have you learnt from reading this research article that will enhance your professional practice? |
|  |
| 4 | How might this research article have practical application in your context? |
|  |
| 5 | What have you learnt about research from reading and reflecting on this research article? |
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**Certificates:** For those who request them, certificates for one CPD point will be emailed out two weeks after the Journal Club. To gain two or three CPD points (one point for each completed section) please email your reflection sheet to the presenter within two weeks of the Journal Club.