

# **EXPLORING HEALTHCARE CHAPLAINCY 2021**

A COURSE FOR THOSE THINKING ABOUT VOLUNTEERING WITHIN A PASTORAL, SPIRITUAL AND RELIGIOUS HEALTHCARE SETTING

# COURSE HANDBOOK AUTUMN 2021

For:

**Course Participants** 

**Religion and Belief Communities** 

**Chaplaincy Teams Providing Support** 

Further information: <a href="mailto:training@network-health.org.uk">training@network-health.org.uk</a>

The Autumn 2021 cohort is subsidised by NHS England and there is no fee on this occasion



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#### **About this Course**

The Network for Pastoral, Spiritual and Religious Care in Health (NPSRCH) aims to promote and support high quality, person-centred, pastoral, spiritual, and religious care in acute and community healthcare settings. We value, welcome and seek to encourage diversity in Healthcare Chaplaincy. The NPSRCH currently includes representatives of Healthcare Chaplaincy organisations from twelve different religion and belief traditions https://network-health.org.uk.

This NPRSCH course is aimed at those who are volunteering or thinking about volunteering in a hospital or community healthcare setting. In 2021, the course will include four half-days of talks and discussion using the Zoom platform.

The course explores what it means to be part of a Healthcare Chaplaincy team in the 21st Century, where pastoral, spiritual and religious care is offered to patients and staff in a multi-faith-and-belief context. It aims to introduce a broad understanding of the necessary skills, competences and capabilities expected of volunteers involved in healthcare, and especially NHS, Chaplaincy.

The course is for people from different religions and beliefs, and offers an opportunity for the sharing of ideas and opinions across those religions and beliefs. The tutors are experienced healthcare chaplains from different religion and belief traditions.

### **Aims of this Course**

- ❖ This course aims to give participants an understanding of Healthcare Chaplaincy in the 21<sup>st</sup> Century and to better equip them for working in a diverse Healthcare Chaplaincy team.
- The course introduces participants to options within Healthcare Chaplaincy and is aimed at those who are thinking about becoming a volunteer, or who want to enhance their knowledge and competences as a volunteer, and to those who want to investigate paid chaplaincy at Band 5 and above at some point in the future.
- ❖ The course may also lead some participants to a recognition that Healthcare Chaplaincy is not for them.
- Those who complete all four sections of the course will receive a Completion Certificate.

#### **Course Tutors**

#### **Dr Jacqueline Watson (Lead Tutor)**

Jackie is a chaplain with the Royal Devon and Exeter Hospital Trust. She is a member of - and a regional coordinator for - the <u>Non-religious Pastoral Support Network</u>. She is also a <u>Humanist celebrant</u>. Jackie became a chaplain after retiring from university teaching and research where she had a strong interest in contemporary spirituality and religious education. She is currently an Honorary Fellow with the <u>University of Exeter</u>.

#### **Revd Meg Burton**

Meg was Secretary for Healthcare Chaplaincy for the Free Churches Group. Until recently she held the post of Editor-in-Chief of the journal, Health and Social Care Chaplaincy. A Methodist minister, she was the UK Free Church representative at the European Network for Healthcare Chaplaincy Consultations in Austria (2014), Hungary (2016) and The Netherlands (2018). Meg has 20 years' experience in healthcare chaplaincy, including mental health, palliative care, acute, and hospice settings. She served on the UK government committee in response to the report 'More Care, Less Pathway', about the Liverpool Care Pathway, led by Baroness Julia Neuberger, that produced the report 'One Chance to Get it Right'.

#### **Pastoral Care**

If an issue arises for you when you are taking the course, the tutors will be available by appointment to give you support.

## **Autumn 2021 Programme**

- 1. INTRODUCING PASTORAL, SPIRITUAL AND RELIGIOUS CARE IN HEALTH September 30<sup>th</sup> 10am 12.30pm
- 2. UNDERSTANDING HOW WE USE OURSELVES IN HEALTHCARE CHAPLAINCY October 21<sup>st</sup> 10am 12.30pm
- 3. ETHICAL PRINCIPLES AND PRACTICES IN HEALTHCARE CHAPLAINCY November 11<sup>th</sup> 10am 12.30pm
- 4. DEVELOPING PROFESSIONALISM, EQUALITY, DIVERSITY AND INCLUSION IN HEALTHCARE CHAPLAINCY December 2<sup>nd</sup> 10am 12.30pm



Dr Jacqueline Watson (Non-religious Chaplain) Revd Meg Burton (Christian Chaplain)





# **Netiquette**

All sessions will use the Zoom Platform for talks and breakout rooms.

We may record sessions for training purposes.

Please log into the Zoom session at least 5 minutes before the start time.

Attendees will be muted during the talks to avoid noise interference.

Course Objective	es Course Outcomes
Introduce Pastoral, Spiritual and in Health.	<ul> <li>Religious Care</li> <li>Understand the differences and connections between pastoral, spiritual and religious care</li> <li>Understand person-centred care</li> <li>Understand that Healthcare Chaplaincy is not about promoting our own worldview</li> </ul>
2. Understand how we use ourselv	es in Chaplaincy.  • Understand the importance of:  • Self awareness  • Self care  • Lifelong Learning  • Reflective practice
3. Introduce tools for thinking abo ethical practices in Healthcare C	
4. Raise awareness of the broader Healthcare Chaplaincy.	
5. Understand Chaplaincy as a prothe NHS.	. , ,
6. Consider and experience how w Healthcare Chaplaincy team wit different religions and beliefs to	n people of welcoming diversity of belief

### **Key Documents**

NHS, 2015, Chaplaincy Guidelines: Promoting Excellence in Pastoral, Spiritual & Religious Care <a href="https://www.england.nhs.uk/wp-content/uploads/2015/03/nhs-chaplaincy-guidelines-2015.pdf">https://www.england.nhs.uk/wp-content/uploads/2015/03/nhs-chaplaincy-guidelines-2015.pdf</a>

NHS, 2003, NHS Chaplaincy Meeting the religious and spiritual needs of patients and staff http://data.parliament.uk/DepositedPapers/Files/DEP2008-0777/DEP2008-0777.pdf

NPSRCH, 2020, Fit for the 21<sup>st</sup> Century Report <a href="https://network-health.org.uk/index.php/pages/inclusion-and-equality-in-nhs-chaplaincy-services-report">https://network-health.org.uk/index.php/pages/inclusion-and-equality-in-nhs-chaplaincy-services-report</a>

NPSRCH, 2015, Endorsement of NHS Pastoral, Spiritual, and Religious (Chaplaincy)Staff and Volunteers <a href="https://network-health.org.uk/index.php/pages/authorisation-registration">https://network-health.org.uk/index.php/pages/authorisation-registration</a>

UKBHC, 2015, Healthcare Chaplains Bands and Duties Framework <a href="https://www.ukbhc.org.uk/wp-content/uploads/2019/12/Encl-2a-">https://www.ukbhc.org.uk/wp-content/uploads/2019/12/Encl-2a-</a>

ukbhc\_healthcare\_chaplaincy\_bands\_and\_duties\_framework\_2015.pdf

UKBHC, 2015, Spiritual and Religious Care Capabilities and Competences for Chaplaincy Support <a href="https://www.ukbhc.org.uk/wp-">https://www.ukbhc.org.uk/wp-</a>

content/uploads/2019/12/ukbhc spiritual and religious capabilities and competences for chapl aincy support 2015.pdf

UKBHC, 2014, Code of Conduct for Healthcare Chaplains <a href="https://www.ukbhc.org.uk/wp-content/uploads/2019/12/Encl-4-ukbhc\_code\_of\_conduct\_2010\_revised\_2014\_0.pdf">https://www.ukbhc.org.uk/wp-content/uploads/2019/12/Encl-4-ukbhc\_code\_of\_conduct\_2010\_revised\_2014\_0.pdf</a>

**PLEASE NOTE:** These documents are referred to during the course. They are not compulsory reading but you may find them interesting and useful to refer to.

# **Further Reading**

Gordon K., Kelly E. & Mitchell D. (2011) Spiritual Care for Healthcare Professionals. Reflecting on Clinical Practice. London: Radcliffe Publishing Ltd.

Murphy K. & Whorton B. (2017) Chaplaincy in Hospice and Palliative Care. London: Jessica Kingsley (in which there is a chapter on volunteers).

Nash P., Parkes M. & Hussain Z. (2015) Multifaith Care for Sick and Dying Children and their Families: A Multidisciplinary Guide. London: Jessica Kingsley.

Orchard H. (2000) Hospital Chaplaincy: Modern, Dependable? Lincoln: Lincoln Theological Institute.

Pye J., Sedgwick P. & Todd A. (eds) (2015) Critical Care: Delivering Spiritual Care in Healthcare Contexts. London: Jessica Kingsley.

Swift C. (2009) Hospital Chaplaincy in 21st Century. Surrey: Ashgate.

Swinton J. (2001) Spirituality and Mental Health Care. London: Jessica Kingsley.

Taylor E. J. (2007) What Do I Say? Talking with Patients about Spirituality. Philadelphia: Templeton Press.

**PLEASE NOTE:** This is suggested further reading and is not compulsory.

# The Five Principles of Chaplaincy

The Five Principles of Chaplaincy is a statement agreed by all the members of the NPSRCH of what is essential for good quality healthcare chaplaincy.

#### Chaplains and chaplaincy volunteers

 must abide by the requirements of their sponsoring religion or belief community, their employing body, the UKBHC Code of Conduct and all relevant NHS/NICE standards.
 They must also maintain their personal spirituality through support of and contribution to their religion or belief community. They must maintain their endorsement with their religion or belief group. This can be monitored through the chaplain's annual appraisal process.

https://www.ukbhc.org.uk/wp-content/uploads/2019/12/Encl-4-ukbhc code of conduct 2010 revised 2014 0.pdf

- will provide care which is in accordance with nationally agreed competences and capabilities (see http://www.ukbhc.org.uk) and in a manner authentic to the practices and beliefs of the community the chaplain represents.
  - https://www.ukbhc.org.uk/for-professionals/competences/
- will provide person-centred care that is compassionate, respectful and courteous. At no time are they to promote their own religion or belief, or in any other way attempt to coerce or convert patients, staff or visitors.
- will work with others, in a spirit of concord and support, to provide care appropriate to the healthcare context to address the requirements of patients, visitors, staff and the institution.
- will undertake Professional and Personal Development and be able to evidence that they
  have done so. This will show how their learning has influenced their practice and/or directly
  enhanced the care provided to patients, visitors, staff and the institution (this could be
  provided as a copy of their UKBHC return). This can be monitored through the chaplain's
  annual appraisal process. This is to include regular supervision.
  <a href="https://www.ukbhc.org.uk/for-professionals/cpd/">https://www.ukbhc.org.uk/for-professionals/cpd/</a>

## How to apply for the Autumn Course 2021

The Autumn 2021 course is subsidised by NHS England and there is no fee on this occasion.

Please contact training@network-health.org.uk for an application form and with any queries.

Please complete and return your application form as soon as possible. The closing date for applications is **September 1**<sup>st</sup> **2021**. We will be accepting candidates on a first come first served basis, provided we fulfil our priority to achieve a balance of participants.

It is our priority to achieve a balance of participants from across a good range of religions and beliefs. In order to achieve that balance, some applicants may be unsuccessful in gaining a place on the Autumn 2021 course. Students who are unsuccessful on these grounds will be offered a place free of charge on the next course.

Candidates are encouraged to read the Course Handbook carefully before applying and are welcome to seek clarification about any concerns by contacting the course leader on <a href="mailto:training@network-health.org.uk">training@network-health.org.uk</a>.

Participants are expected to attend all four half-day sessions and the Completion Certificate will only be issued to those who attend all four sessions (unless there are extenuating circumstances).

Please contact us immediately should you find it necessary to withdraw from the course so that your place can be given to someone else.

# **Important Information**

Members of chaplaincy teams, whether voluntary or paid, must be endorsed by their religion or belief community in accordance with the document 'Endorsement of NHS Pastoral, Spiritual, and Religious (Chaplaincy) Staff and Volunteers: A Practical Guide'

http://network-health.org.uk/documents/NHS%20Pastoral,%20Spiritual,%20and%20Religious%20Care Endorsement Guide.pdf

We do not expect applicants to this course to be endorsed at this stage. However, you should be aware that this will be required if and when you apply for a voluntary or paid position with a healthcare chaplaincy team.