

Resources for children, young people and families

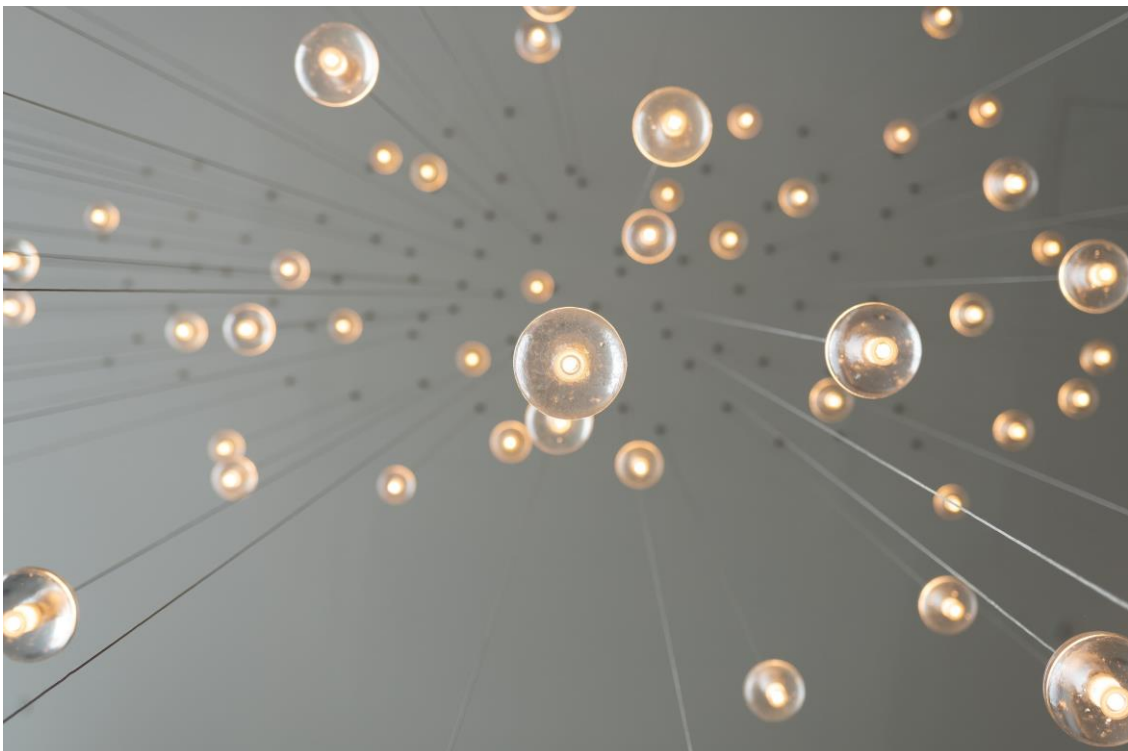
It seems likely that some children may return to school in a few weeks' time (recognising, of course, that some have been attending all along). However, they probably won't be attending full-time, and some year groups may not return for some time yet. It is also unclear when churches will be able to resume their usual activities for young people.

We've collected links to resources that some of our member churches and other organisations have developed to help children and young people learn at home, for families to enjoy together, and ideas to support wellbeing at an anxious time.

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We're delighted to see so much creativity and we'll continue to add to our list as we find new treasures¹.



¹ Photos courtesy of Unsplash <https://unsplash.com/>

Resources for children

Guardians of Ancora

A free game app, based on Bible stories and produced by Scripture Union.

<https://guardiansofancora.com/>

Scripture Union

has a special lockdown section with videos to inspire craft activities and to help children engage with the Bible.

<https://content.scriptureunion.org.uk/lockdown>

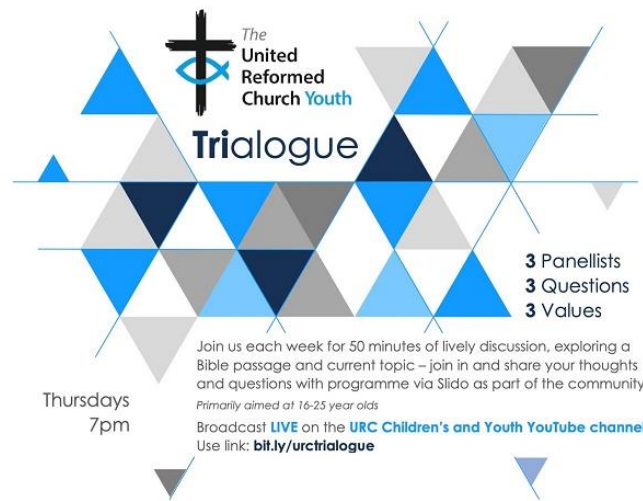
Spinnaker

have produced some home-learning and classroom resources, reflections, and assemblies for primary school children.

<https://spinnaker.org.uk/resources/covid-19-resources>



Resources for young people and those who work with them



The
United
Reformed
Church Youth

Triologue

3 Panellists
3 Questions
3 Values

Join us each week for 50 minutes of lively discussion, exploring a Bible passage and current topic – join in and share your thoughts and questions with programme via Slido as part of the community

Thursdays
7pm

Primarily aimed at 16-25 year olds
Broadcast **LIVE** on the **URC Children's and Youth YouTube channel**
Use link: bit.ly/urctriologue

Youth for Christ

has produced some video resources to help youth leaders engage their young people online. This is a growing resource and there is a sign-up facility so that you can keep up-to-date.

<https://yfc.co.uk/youthworkonline/>

Resources and games for online youth groups:

Some youth groups are continuing to meet online. The URC has gathered some games and activities that work well on Zoom or other video platforms.

<https://moodle.urc.org.uk/course/view.php?id=208&fbclid=IwAR34XJnUKCn8OCy5bmq-780wdIDY6ndqZPat8LzxR6-zpi73cEIl39dqpCU>

Youthscape

is developing resources for youth leaders to help them to continue to engage with their young people and adding to these on a regular basis.

<https://www.youthscape.co.uk/coronavirus>



Resources for families

#FaithatHome

is an initiative from the Church of England, producing resources to help families explore faith together.

<https://www.churchofengland.org/faith-action/faith-home>

Families on Faith Adventures @Home

A weekly theme with activities, prayers, stories and games for families to enjoy together.

https://moodle.urc.org.uk/course/view.php?id=208&fbclid=IwAR012lwqvEVj-OqzeeotCynqjgRsjUwwWFNiN4NtTiifYqMaPuubmw-Z_jo-section-1

Fischy Music

offers music videos to encourage children and families to join in and sing along, and also weekly assemblies.

<https://www.fischy.com/news/schools-to-close-can-we-help/>

The Methodist Church Has compiled ideas for helping and supporting children and young people, together with links to creative activities, films and online resources and much more.

<https://www.methodist.org.uk/about-us/coronavirus/talking-to-young-people/>

Roots Worship at Home Resources

have produced free resources for worship at home, based on the weekly lectionary passages.

www.rootsontheweb.com

Together at Home

This began as a Facebook group for sharing resources as the Coronavirus pandemic first began to affect daily life, but it has now got its own website. Jess, a children and families worker in Bromley, produces free printable activity sheets and lots of ideas for families to learn and have fun together.

<http://www.tath.co.uk/>



Resources for students

Free Churches Group

has a series of leaflets about supporting students at home or when they are away at university. Whilst not specifically relating to the current pandemic, they contain lots of helpful suggestions for supporting young people as they prepare to go to university and through their time as a student.

<https://static1.squarespace.com/static/58359f279de4bbe7aba10e31/t/5d8a013aad16452612f747bd/1569325381066/Branching+out-final.pdf>

<https://static1.squarespace.com/static/58359f279de4bbe7aba10e31/t/5d94880424b93d3a959f0b15/1570015240022/Making+a+difference-2.pdf>

Fusion

is producing resources to help students lead small groups online, and material for them to work with.

<https://www.fusionmovement.org/smallgroupsonline>

They also offer support for isolated students in lockdown

<https://www.fusionmovement.org/covid19>

SCM (the Student Christian Movement)

has a range of online devotions and Bible studies for students.

<https://www.movement.org.uk/resources>



Resources for parents

Action for Children

has compiled a range of advice, from parenting tips to facilitating home learning, and coping with worries.

https://www.parents.actionforchildren.org.uk/covid-19-advice-support?_ga=2.227865237.901904367.1589392666-2094292667.1589392666

Family Lives

is a national charity that provides advice and information on all aspects of family life and parenting.

<https://www.familylives.org.uk/>



Resources for mental health and wellbeing

Action for Children

offers guidance on what to look for if you are concerned about a child or a young person's mental health

<https://www.actionforchildren.org.uk/support-for-parents/children-s-mental-health/how-can-you-help-with-children-and-young-peoples-mental-health/>

They also have a directory of links to organisations with resources relating to the mental health of children and young people:

<https://www.actionforchildren.org.uk/support-for-parents/children-s-mental-health/how-can-you-help-with-children-and-young-peoples-mental-health/mental-health-resources-and-information/>

The Anna Freud National Centre for Children and Families

works in the field of children's and young people's mental health and offers a wide range of information and resources aimed at different age groups.

<https://www.annafreud.org/>

The Methodist Church

has worked with Young Minds to produce resources about mental health for different age groups. You can find them here, along with links to a range of organisations that can provide further resources:

<https://www.methodist.org.uk/our-work/children-youth-family-ministry/the-well-learning-hub-equipping-and-supporting-workers/resources-from-the-well-to-download/emotional-and-mental-wellbeing/mental-health/>

MIND

has a range of resources and contact points for children and young people with concerns about their mental health, and for the adults who care for them.

<https://www.mind.org.uk/information-support/for-children-and-young-people/>



Resources for bereavement and grief

Church Army

has produced a resource called “Death, grief and hope”, specifically dealing with these issues as they relate to young people during the Coronavirus pandemic.

<https://www.churcharmy.org/publisher/File.aspx?ID=250716>

Winston’s Wish

offers support to children who have lost a parent or sibling, and provides information relating specifically to Coronavirus

<https://www.winstonswish.org/coronavirus/>

