

Webinar: Reflective Practice: a Pathway to the Heart



Photo by Guillaume LORAIN on Unsplash

Date: 2 June, 2020 at 1.30 p.m. – 3.45 p.m.

Venue: wherever you like – as long as you have a screen and are connected to the internet (we'll be using Zoom)

Cost: Free!

Who is it for?: Chaplains in healthcare, prison or education settings, or any other setting; Christian leaders; anyone who is interested.

Registration: here https://www.eventbrite.com/e/reflective-practice-a-pathway-to-the-heart-tickets-105941574100?utm_source=eventbrite&utm_medium=email&utm_campaign=post_publish&utm_content=EBLinkEvent&utm_term=fullLink

You will receive the links to join the webinar if you book in advance.

We've talked to a lot of chaplains and other leaders recently, and understand something of the range of new pressures that the Coronavirus pandemic has brought with it. These pressures and challenges have opened up new opportunities for many people, but there has been little time to stop and reflect.

We're offering you the opportunity to take a bit of time out for yourself – time to ponder, time to think, and time to learn how to embed reflective practice in your ministry.

Mark Stobert will introduce reflective practice in a live webinar, offering time to ask questions and make comments. It will be followed by facilitated break-out groups, which will put some of the learning into practice, and a final plenary session.

Our presenter:

Mark Stobert is Lead Chaplain to Cambridge University Hospitals and came into post in November 2018 having been a healthcare chaplain for over 25 years at Russells Hall Hospital in Dudley with responsibility for chaplaincy at Dudley and Walsall Mental Health Trust.

He is a registrant and chair of UK Board of Healthcare Chaplaincy (UKBHC) which is the register of healthcare chaplains accredited by the Professional Standards Authority (PSA). Mark was part of the UKBHC task group that produced the successful application for accreditation.

He was president of College of Health care Chaplains (CHCC), the professional body for health care chaplains.

Mark is currently studying for a Doctorate in Practical Theology (DPT) using critical reflection to explore the chaplaincy practice of creating 'Safe Space for Slow Questions' with patients, visitors and staff of CUH.

"A 'Slow question' is a question that can't be replied to by a fast answer. Sometimes there are no answers but in asking it can be enough just to be understood. Sometimes the slow question is simply, 'Why?' Sometimes it is the nagging or delicate thought that can only be voiced when it is safe to do so."

Mark is also a registered member of the British Association for Counselling and Psychotherapy (BACP).

He is married and has two sons. His interests are varied and include cycling and mountaineering. His favourite mountain is Clach Glas and Bla bheinn on the Isle of Skye.

Our breakout group facilitators:

Meg Burton is the Free Churches Group Secretary for Healthcare Chaplaincy. Meg is a Methodist Minister with many years of experience as a chaplain in healthcare settings.

Maggie Everett is the Lead Development Officer of the Centre for Chaplaincy in Education and has a background in education and training.

Bob Wilson is the Free Churches Group Secretary for Prison Chaplaincy and continues his ministry as a serving part-time prison chaplain.

Further opportunities:

The webinar will be recorded and available to view from 3 June. We may organise opportunities for facilitated breakout groups to take place on future dates, after participants have viewed the recording. Details will be available here: <https://www.freechurches.org.uk/fcg-news>